

The Staff Newsletter

*From fellow workers at ... Good Shepherd Lutheran Church
700 North Wright Road
Janesville, Wisconsin 53546*

March 2010

Lenten Worship

"The Sign of Jonah"

This series of special services explores the meaning of the "The Sign of Jonah" as we follow *Jonah* on his journey ... and *Jesus* on his way to the cross. Written by seminary professor *Dr. Reed Lessing*.

WEDNESDAY MARCH 3, 7 P.M.

"Our Providing God"

Drama Readers: *Phyliss Williams / Tami Schoeller*

WEDNESDAY, MARCH 10, 7 P.M.

"Praying in the Belly of the Great Big Fish"

Drama Readers: *Dianne Punzel / Nathan Schneider*

WEDNESDAY, MARCH 17, 7 P.M.

"The God of the Second Chance"

Drama Readers: *Sydney Schoeberle / Judy Trudeau*

WEDNESDAY, MARCH 24, 7 P.M.

"About Face"

Drama Readers: *James & Heidi Horton*

(Feb 24 Drama Readers were *Dale Schwanke / Mike Hornby*)

JOIN US FOR 'SOUP & SANDWICH SUPPERS'

Soup & Sandwich Suppers will be offered during Lent so you *'don't have to cook!'* The meals will be served beginning at 5:30 p.m. and ending at 6:30 p.m. to allow time for clean-up and preparation for the Fellowship Hour following the services. Come and Dine -- then stay for the 7 p.m. service. Free-Will Offering.

LUTHERAN ADULT FUN FELLOWSHIP

"St. Paddy's Day Party"

Sunday, March 21, 5:30 p.m.

Hosts: *Denny/Barb Knopes*

866 Sussex Dr (752-1458)

Entrée: Corned Beef & Cabbage

Come and celebrate St. Paddy's Day with fun, fellowship & food!

Bring a complementary dish to share.

Sign-up sheet is on the Serving Isle in the Fellowship Room.

For all Adult singles/couples.

   FROM THE PASTOR'S DESK   

Dear Fellow Believers,

What's the difference between a Christian and a non-Christian?

Some would say a Christian is more kind. *Wrong.*

Some would say a Christian is more ethical. *Wrong.*

Some would say a Christian is more moral. *Wrong.*

Some would say a Christian is more socially concerned and is more generous. *Wrong.*

Now those are all good Christian virtues and we should strive for those virtues. But they are responses to *the love of Jesus*, not **evidences** of whether or not a person is a Christian. These are not **proofs** of whether or not a person is a Christian. Truth is many non-Christians are more kind, ethical, moral, socially concerned and generous than many Christians.

So, what's the difference? The only decisive difference between a Christian and a non-Christian is that a Christian **believes (trusts) in Jesus as His/Her Savior**. *Period.* A Christian is one who knows where the love and forgiveness come from (God) and trusts in that love and forgiveness shown in *Jesus*.

That truth came to mind the other day when I visited one of our homebound couples who suggested that I put the following poem in this newsletter:

I was shocked, confused, bewildered as I entered Heaven's door,
Not by the beauty of it all, nor the lights or its' décor.
But it was the folks in Heaven who made me sputter and gasp—
The thieves, the liars, the sinners, the alcoholics and the trash.
There stood the kid from seventh grade who swiped my lunch money twice.
Next to him was my old neighbor who never said anything nice.
Herb, who I always thought was rotting away in hell,
was sitting pretty on cloud nine, looking incredibly well.
I nudged *Jesus*, "What's the deal? I would love to hear your take.
How'd all these sinners get up here? God must've made a mistake.
And why is everyone so quiet, so somber - give me a clue."
"Hush, child," He said, "they're all in shock.
No one thought they'd be seeing you."
JUDGE NOT!!!
Every saint has a PAST...Every sinner has a FUTURE!!!

As I teach 1 Corinthians in Adult Bible class this month, I can't help but think of these words of *St. Paul* in Chapter 4.

When the purity of his doctrine and the appropriateness of his approach and the sincerity of his intentions were questioned, *Paul* did not say, "***I'll prove it,***" rather *Paul* said, "***with me it is a very small thing that I should be judged by any human court. I do not even judge myself. It is the Lord who judges me, therefore I do not pronounce judgement before the time, before the Lord comes, who will bring to light things now hidden in darkness and will disclose the purposes of the heart.***"

Hear that! That was *Paul's* answer to those who would play the judging game with him. And I believe that we like his answer, because we are not very sympathetic to those who would attempt to judge the sincerity and reality of other people's faith. We see their approach as opposite of openness and tolerance and goodwill.

A Christian is one who believes in *Jesus* as his/her Savior. *Period.*

Let Us Always Love One Another as Graciously and Generously as God Has Loved Us!

Pastor Steve

✧ **APRIL Newsletter Deadline - Monday, March 15** ✧

From the Parish Nurse

Gloria Oleston

ACT IN TIME TO HEART ATTACK SIGNS

MAKING A PLAN NOW for what to do if a heart attack should happen to you or someone else will save time and could save your life. The first thing to do is to learn about the warning signs of heart attack.

CLASSIC SYMPTOMS ARE: squeezing chest pain or pressure, shortness of breath, light-headedness and sweating, pain in the arms, neck or jaw, indigestion and nausea, sudden dizziness or brief loss of consciousness. As talked about in last month's article, *women sometimes have different or less dramatic symptoms. These may be:* unusual fatigue, sleep disturbance, indigestion, anxiety, discomfort between the shoulder blades, gas-like pain, unexplained weakness, or a sense of impending doom. In one recent study, only 30 percent of women reported chest discomfort before their heart attack. When they did, it was described as an aching, tightness and pressure - not pain.

CALL 911 RIGHT AWAY if you think you're having symptoms of a heart attack. You need medical care quickly! Wait no longer than five minutes. Do not drive yourself to the hospital. Emergency medical personnel can begin treatment immediately—even before arrival at the hospital. Your heart may stop beating during a heart attack. This is cardiac arrest and the EMS team has the equipment needed to start your heart beating again. In addition, heart attack patients who arrive by ambulance tend to receive faster treatment on their arrival at the hospital. Once at the hospital, clot-busting drugs and other artery opening treatments can begin quickly and work best if given **WITHIN ONE HOUR** of the start of symptoms.

Most people having a heart attack wait too long before calling for help and this can be a fatal mistake. Many "wait and see" because they don't understand the symptoms of a heart attack or they are afraid to find out that their symptoms could be serious. Others are embarrassed about causing a fuss and then finding out it was a false alarm. Some just don't understand the importance of getting treatment fast. It's interesting to know that women, the elderly, and minorities are those more likely to delay getting help. As a result, most heart attack victims wait 2 hours or more after their symptoms begin to seek medical help. This delay can result in death or permanent impairment to health and the ability to do everyday activities.

AS PART OF YOUR HEART ATTACK SURVIVAL PLAN, write down the following information and keep it in a handy place, such as your purse or wallet.

- **Current medications**
- **Medication allergies**
- **Physician's name and phone number**
- **Person to contact in emergency**

HAVING A PLAN and thinking it through ahead of time will help you remain more calm and will help you to respond more quickly and wisely should you or someone you care about have symptoms of a heart attack.

☞ HEALTHNET BAKE SALE RESULTS ☞

The Health Cabinet's February 14th Bake Sale netted **\$582** and with the matching funds from Thrivent Financial for Lutherans of 50 cents on the dollar, the total will come to **\$873**. The Cabinet thanks everyone who contributed items for the sale and those who purchased them in support of this highly needed Health Service for our community.

☞ GUYS MORNING OUT ☞ Wednesdays, 7 a.m. ~ Alfresco Restaurant

This informal breakfast, Bible study/support/fellowship group is off to a good start. We are now meeting at the Alfresco Restaurant. They have a more private place for the group to gather. We are studying the book of Philippians – using discussion questions from the Master Builders Bible for Men. The study is open to all. The only cost is your breakfast.

☞☞☞ EASTER FLOWER ORDERS ☞☞☞

At **EASTER** the Sanctuary is decorated in a beautiful array of Flowering Plants. Our new Flower Coordinator, *Peg Kures*, will be taking orders for the plants this month. Watch for the dates. The order forms will be in the bulletins or on the Serving Isle in the Fellowship Room. There are **no pre-orders for color selection** but the florist will provide a variety. Checks should be made out to **Good Shepherd**. Be sure to indicate on the form if the flowers are "*In Honor Of*" or "*In Memory Of*".

☞ FEINSTEIN CHALLENGE MARCH 1 - APRIL 30 ☞

ECHO is once again participating in the Feinsein Challenge this year. The Feinsein Foundation is a non-profit organization founded by Rhode Island philanthropist Alan Shawn Feinsein. Feinsein believes we were put on this earth to help those in need, and he is giving us an incentive to help even more than ever. This is the thirteenth year that the foundation will divide \$1 million among non-profit agencies throughout the country that are helping fight hunger. Each participating agency will receive a share of the \$1 million equal to the proportion of the total amount raised from all agencies. The more that is donated, the more of the \$1 million **ECHO** will receive to help fight hunger. Last year **ECHO** received the largest check in the state of WI for the fourth year in a row. This year they are hoping that you will help ensure that they receive the largest check in the state again. All food and monetary donations received **from March 1st through April 30th** will be used in the Feinsein Challenge. Every item of food donated will be valued at **\$1**. This would include offerings made to the Children's Easter Basket Project. Remember, any donations for any of the services must be received **before April 30** to be counted for the Feinsein Challenge.

❧❧❧ **UPCOMING ECHO EVENTS** ❧❧❧

MARCH 1-APRIL 30

Feinstein Challenge

Saturday, MARCH 13, 7 a.m. - 2 p.m.

Choice Cleaners 10th Annual Food Drive
610 E. Memorial Dr. ~ 2919 N. Lexington Dr. (in Woodman's Plaza)

Tuesday, MARCH 30 - Thursday, April 1

Children's Easter Basket Distribution
9 a.m. - 4 p.m. - ECHO Office, 65 S. High St

Friday, APRIL 23 ~ 8 p.m. - 12 AM

Spring Benefit Dance at the Holiday Inn Express

Sunday, APRIL 25 ~ 1:30 p.m.

33rd Annual CROP Hunger Walk
Cargill United Methodist Church

The theme will be "*Step Out in Faith*". The goal will be to raise \$45,000 for Church World Service of which ECHO will receive 25%.

At the 2009 CROP WALK \$39,750 was raised with the help of all the churches and organizations that participated. ECHO received a check for \$9,933.94.

Saturday, MAY 8

Postal Workers Food Drive
(Volunteers Needed)

❧❧❧ **NEEDED ITEMS FOR ECHO EASTER BASKETS** ❧❧❧

Baskets, Small Toys, Wrapped Candy

Acolytes (Naomi Nelson/Coord (754-0067)

8:00 am: Sydney Schoeberle

10:30 am: Mar 7 & 21-Hannah Haenel

Mar 14 & 28-Lacy Anderson

LENTEN WEDS: 3-Hannah Haenel

10-Alexis Mauermann

17-Ty Mueller

24-Nathan Schneider

Altar Care (Donna Grever/Coord (756-5926)

3 (Wed) & 7 (Sun)-Donna Grever/Betty Sass-Boswell

10 (Wed) & 14 (Sun)-Dwane/Linda Kamla

17 (Wed) & 21 (Sun)-Juanita Habeck/Diane TeBeau

24 (Wed) & 28 (Sun)-Barb Knopes/Amanda Sookraj

Greeters 1st

7-Bill/Sue Schnell

14-Ross/Gloria Jacobson

21-Phyliss Williams

28-Dale/Deb Schwanke

Greeters 2nd

7-Chris/Tami Schoeller

14-Diane TeBeau

21-Dorothy Salzman

28-Denny/Barb Knopes

LENTEN WEDS: 3-Jeff/Sue Balog

10-Tom Hawley

17-The Burdick Family

24-Dale/Deb Schwanke

31-Chris/Tami Schoeller

Readers 1st

7-Dale Schwanke
14-Dan Milbrandt
21-Phyllis Williams
28-Ross Jacobson

Readers 2nd

7-Sarah Haenel
14-Steve Langlie
21-Lon Haenel
28-Chris Boll

LENTEN WEDS: 3-Judy Trudeau
10-Phyllis Williams
17-Heidi Horton
24-Mike Hornby

Coffee Hosts (Dianne Punzel/Coord(931-0388)

7-Dianne Punzel
14-Bob/Mike Hornby
21-James/Heidi Horton
28-Barb Knopes

LENTEN WEDS: 3-Candy Kraus
10-Ed/Peg Kures
17-Amelita Lamendola
24-Steve Langlie

Nursery

7-Belinda Hornby
14-Alana Waltz
21-Beth Burdick
28-Sarah Haenel

LENTEN WEDS: Rita Milbrandt



IN OUR PARISH



KEEP IN YOUR PRAYERS

Chuck &
Piper, Elaine

Bud Arneson, Denise Crandall, Dolores Ellison, Jean Frost, Tom Hawley,
Gail Kinyon, Denny Knopes, Linc Norby, Shirley Peterson, Jim
Rhodes, Ruth Schultz, Devon Schlegel.

SYMPATHY

aunt.

to Ed/Peg Kures & family at the death of Ed's aunt this past month;
and to Harry/Cookie Robbins & family at the death of Harry's



"Lutheran Woman Today" Bible Study



Monday, March 8, 9:30 a.m.

"The Renewing of Our Minds" is the title of the **March** session of the September 2009-May 2010 *Lutheran Woman Today* Bible study entitled **TO GOD'S BELOVED: PAUL'S LETTER TO THE ROMANS**. In this session, participants will see how *Paul* draws together two theological threads of earlier chapters in Romans in order to help believers in Rome understand and experience new life in *Christ's* body. *Paul* reminds believers that not all persons have the same gifts, but that all gifts are given by *God* for the well-being of all *God's* people.

Interested parties are always welcome to participate in this study. Want to know more about it first? Come and sit in on a session. The study group meets at **9:30 a.m.** on the second Monday of each month at the church. Anyone interested in continuing in the study will need to subscribe to the *Lutheran Women Today* publication for the monthly lesson. The cost is **\$12**. See *Naomi* for subscription information.



BELOIT REGIONAL HOSPICE



- Volunteer Training Sessions -

Beloit Regional Hospice is offering free volunteer training sessions for those interested in serving terminally ill patients and their families. They are looking for caring and committed individuals. This is a wonderful opportunity for families to learn and participate together in their community and make a difference.

The next two-day volunteer training program will be on **Saturdays, March 20 and 27, from 9 a.m. - 3 p.m.** at Beloit Regional Hospice, 655 Third St, Suite 200, Beloit. You must *reserve your spot* by **Monday, March 15**. Contact *Sherrie Swanson*, volunteer coordinator, at **(608/363-7421)** or toll free at **(877/363-7421)** or email sswanson@beloitregionalhospice.com.



WITH PRAYER REQUESTS, CONTACT.....Naomi Nelson



by phone (O-754-0067) (H- 755-1384) or email (goodshep@ticon.net).

(Your prayer concerns are kept confidential within the chain.)

~~~~~ *APRIL* Newsletter Deadline – Monday, March 15 ~~~~~



Visit Our Website: [www.goodshepherdjanesville.org](http://www.goodshepherdjanesville.org)

